



2025 CMAS Southeast Asia Championship Finswimming Indoor



**14 – 19 November 2025
Jakarta, Indonesia**



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1. Welcome messages

The CMAS SEA Federation has the pleasure to invite you and your finswimming team to participate in the 2025 CMAS South East Asia Championship Finswimming Indoor to be held in Jakarta, Indonesia on November 15th-19th 2025.

Indonesia has been entrusted by CMAS Southeast Asia to Organize the second Southeast Asia Finswimming Championship indoor. We hope that this championship can be participated by all Southeast Asian countries.

For further information, please contact us with the following address and the way to contact.

Email : cmas.sea02@gmail.com Phone number :
+62 812-2331-0000
+62 812-2969-4460

We hope to meet and welcome you to the 2025 CMAS Southeast Asia Finswimming Championship Indoor.

2. Presentation of the Host City

Jakarta, the capital of Indonesia, is a dynamic megacity that blends tradition, modernity, and world-class sports facilities. As Southeast Asia's largest city, Jakarta is ready to host international finswimming championships with its excellent infrastructure, hospitality, and cultural attractions.

Why Jakarta for Finswimming?

- **World-class venues** – Equipped with Olympic-standard aquatic centers and training facilities.
- **International connectivity** – Soekarno-Hatta International Airport links Jakarta to major cities worldwide.
- **Accommodation** – Wide range of hotels from luxury to budget, suitable for athletes, officials, and supporters.
- **Experience** – Jakarta has hosted major events like the *Asian Games 2018* and other global sports tournaments.



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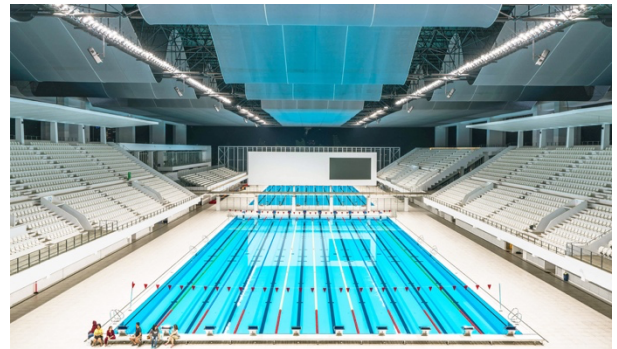


Beyond the Competition

- **Cultural attractions** – Visit *Monas (National Monument)*, *Istiqlal Mosque*, *Jakarta Cathedral*, and *Kota Tua*.
- **Entertainment & shopping** – Explore modern malls, art galleries, and lively nightlife.
- **Island escapes** – The *Thousand Islands* offer pristine beaches and diving spots, just a short boat ride away.
- **Local cuisine** – Taste iconic dishes like *Nasi Uduk*, *Soto Betawi*, and *Kerak Telor*.



National Monument (MONAS)



Stadion Aquatic - Gelora Bung Karno



Sepa Resort Island



Jakarta Old Town



Batavia PIK



Jakarta Culinary

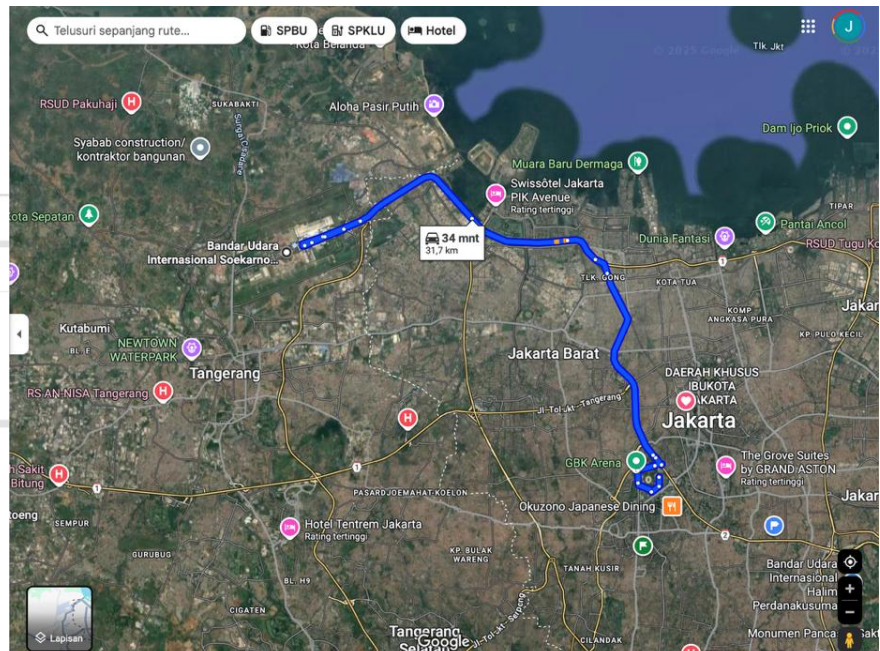
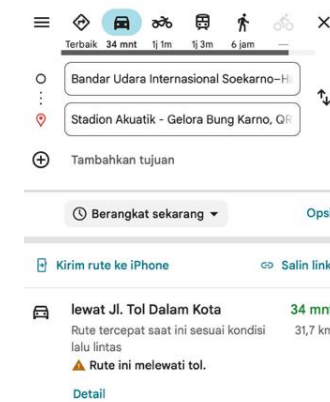
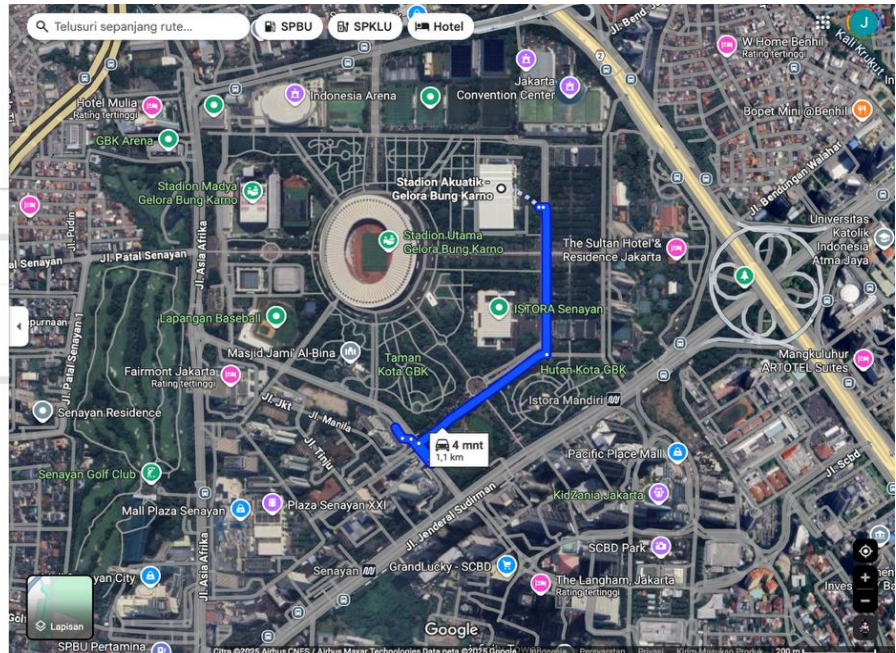
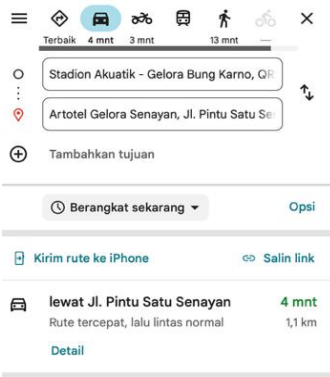


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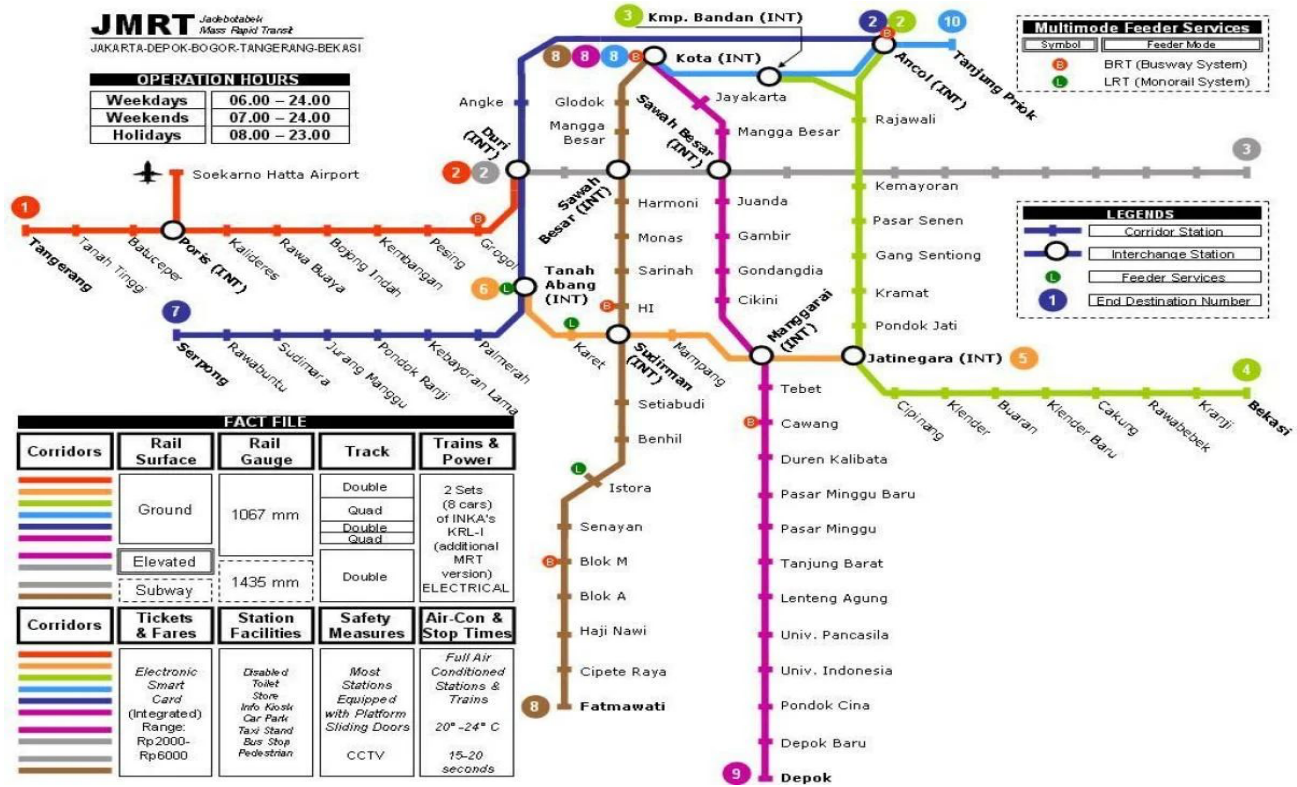
3. City map





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Soekarno Hatta International Airport Situation



Checkin Area



Waiting Area



Autogate Immigration



Shopping Area



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4. Presentation of the Competition Venue

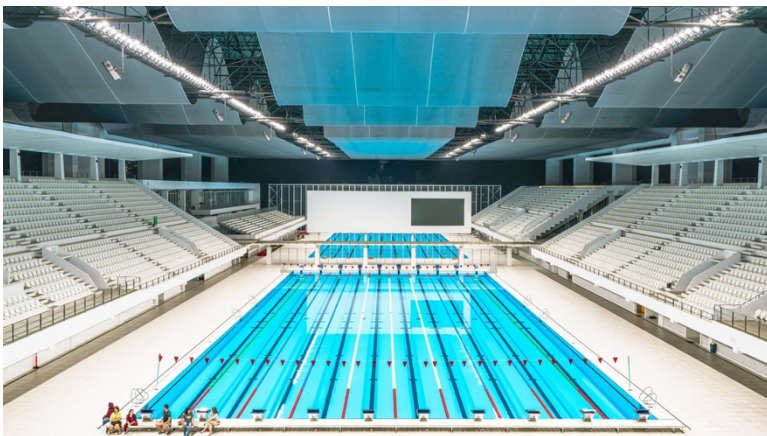
The competition will take place at Stadion Aquatic - Gelora Bung Karno
<https://share.google/UJI0vU206WcjcUCqn>

Swimming pool Size:

The competition pool has :

- Length of 50 meters.
- Width of 25 meters
- 10 lines
- Wave-breaking Lane ropes
- Permanent depth of 3 meters
- Water temperature 25° C ($\pm 1^{\circ}$ C).

Aquatic Stadium Gelora Bung Karno is already equipped with public supporting facilities such as toilets, mosques, sound system, VIP room, player's changing room, office spaces, medical room, parking area, and tribune with the capacity of ± 8.000 seats





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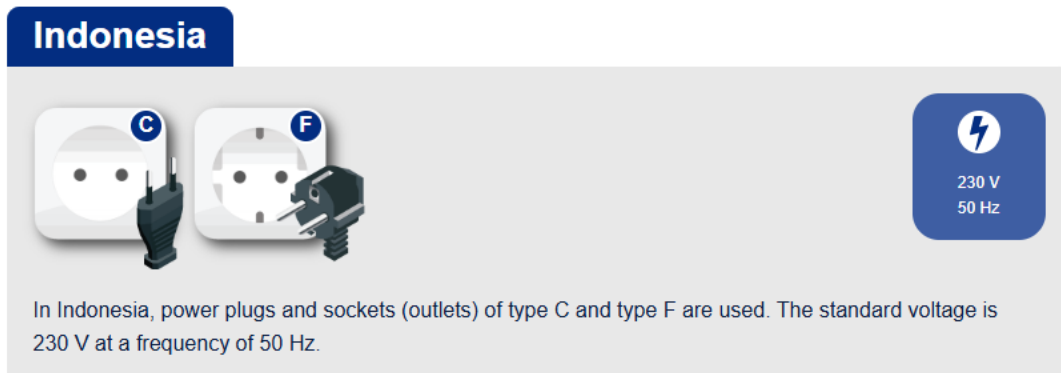


5. General information

Indonesia Subaquatic Sport Association – authorised by CMAS – invites all interested National Federations to participate in the 2025 CMAS Southeast Asia Championship Finswimming Indoor scheduled to take place on 14 - 19 November 2025 in Jakarta, Indonesia.

Various and practical information

- The Currency of Indonesia is Rupiah (IDR)
- Electrical current in Indonesia is 220V, 50 Hz
- **Type of plug**



Information about participation

- Only participants with a CMAS License are eligible to compete in the Competition
- All participants should respect the Competition rules, the safety conditions set by the Organisers and CMAS rules and regulations.

Swimming Pool Events

- Each country may enter **no more than two (2) swimmers** for each individual event and **one (1) team** per relay event.
- For relay races, the names of the swimmers and their starting order must appear in a list submitted to the results office before the start of the session. It's possible to change the composition of the relay teams between the qualifying heats and the final.



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- The registrations for CMAS Competitions are submitted solely through the CMAS Portal ([CMAS Portal](#))
- The qualifying heats are scheduled in the morning and finals in the afternoon.
Exceptions: 400m
IM, 800m SF and 1500m SF slow heats will take place in the morning and fast heats in the afternoon. For these events, the National Federations must send to the Director of the CMAS Finswimming Commission (alexandros.xiarchos@sport.cmas.org) the official protocols of all national selection competitions within a deadline of a maximum of **two weeks before this CMAS Competition** (in one of the three CMAS languages). In this way, the times of enrollment of the swimmers will be checked. If they do not correspond or if the protocols aren't transmitted by this deadline, the entry times will be cancelled, and the athletes will be engaged with time 59:59.99.

[Disciplines and Distances \(Men & Women\)](#)

Surface (SF): 50, 100, 200, 400, 800, 1500 SF

Apnea (AP): 50m

Immersion (IM): 100, 200, 400 IM

Bi Fins (BF): 50, 100, 200, 400 BF

Relay: 4×50 SF (M/W), 4×100 SF (M/W) , 4×200 SF (M/W)

4×100 BF Mixed, 4×100 SB Mixed

[Bottle Filling - Immersion with compressed-air breathing apparatus:](#)

- Only compressed air without oxygen enrichment is allowed
- For pool competitions, the minimum volume of a compressed-air cylinder is 0.4 L for the 100 m IM event and 1.0 L for the 200 and 400 m IM events.
- The maximum filling pressure for the compressed-air cylinders cannot exceed 200 bar (20 MPa).
- When a cylinder with a flat bottom is used, adding a rounded bottom, which does not exceed the radius of the cylinder, is allowed



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- All cylinders must have passed a hydrostatic test less than 2 years before the competition, or even less if required by the local legislation. All the bottles without documents or visible proof with the date of the last test, will be refused by the Organisers
- Each cylinder must be presented empty during the checking meeting before the competition.
- The organiser guarantees the filling of DYN & INT cylinders. For all other types, teams must bring their own adaptor.

International Jury

- CMAS Technical Delegate according to the CMAS rules
- International Board of Judges, according to the CMAS Procedures & Obligations.

Protests

According to the CMAS Procedures and obligations CAT A - B competitions

Doping Control

The Organising Committee guarantees to provide doping control according to the CMAS and WADA rules during the championship and regarding the number of tests planned by ITA.

Classification and Awards

According to the CMAS rules

Flags

National teams should bring **two (2) national flags** (2,00 m x 1,00 m) and a USB with the **national anthem** (short version - instrumental).



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6. General Schedule

Day -2	14-Nov-25	Arrival of Delegations
Day -1	15-Nov-25	Arrival of Delegations – Training - Technical Meeting - Opening Ceremony
Day 1	16-Nov-25	1st Day of competition
Day 2	17-Nov-25	2nd Day of competition
Day 3	18-Nov-25	3rd day of competition
Day 4	19-Nov-25	4th day of competition
Day 5	20-Nov-25	Departure of Delegations

7. Competition Schedule

DAY - 2: ARRIVAL DAY - [14/11]

Arrival of delegations throughout the day

DAY - 1: [15/11]

(08.00 – 11.00): Training

(13.00 – 15.00): Team Leaders' Technical Meeting

(17.00 – 18.00): Championship Opening Ceremony

(18.30 – 21.00): Dinner



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	Morning Session	Afternoon Session	Medal Ceremony
Day 1 [16/11]	50 AP Women 50 AP Men 200 SF Women 200 SF Men 400 BF Women 400 BF Men 1500 SF Women (Slow heats) 1500 SF Men (Slow heats) 4x100 SF Women 4x100 SF Men	50 AP Women 50 AP Men 200 SF Women 200 SF Men 1500 SF Women (Fast heat) 1500 SF Men (Fast heat) 4X100 SF Women 4X100 SF Men	50 AP Women 50 AP Men 200 SF Women 200 SF Men 1500 SF Women 1500 SF Men 4X100 SF Women 4X100 SF Men
Day 2 [17/11]	50 BF Women 50 BF Men 400 SF Women 400 SF Men 100 IM Women 100 IM Men 4X200 SF Women 4X200 SF Men	50 BF Women 50 BF Men 400 BF Women 400 BF Men 100 IM Women 100 IM Men 4X200 SF Women 4X200 SF Men	50 BF Women 50 BF Men 400 BF Women 400 BF Men 100 IM Women 100 IM Men 4X200 SF Women 4X200 SF Men
Day 3 [18/11]	50 SF Women 50 SF Men 100 BF Women 100 BF Men 200 IM Women 200 IM Men 4X100 BF X 4X50 SF Women 4X50 SF Men	50 SF Women 50 SF Men 100 BF Women 100 BF Men 200 IM Women 200 IM Men 400 SF Women 400 SF Men 4X100 BF X 4X50 SF Women 4X50 SF Men	50 SF Women 50 SF Men 100 BF Women 100 BF Men 200 IM Women 200 IM Men 400 SF Women 400 SF Men 4X100 BF X 4X50 SF Women 4X50 SF Men
Day 4 [19/11]	100 SF Women 100 SF Men 200 BF Women 200 BF Men 800 SF Women (Slow heats) 800 SF Men (Slow heats) 400 IM Women (Slow heats) 400 IM Men (Slow heats) 4X100 SB X	100 SF Women 100 SF Men 200 BF Women 200 BF Men 800 SF Women (Fast heat) 800 SF Men (Fast heat) 400 IM Women (Fast heat) 400 IM Men (Fast heat) 4X100 SB X	100 SF Women 100 SF Men 200 BF Women 200 BF Men 800 SF Women 800 SF Men 400 IM Women 400 IM Men 4X100 SB X



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8. Financial Modalities

The payments described below must be completed directly with the Local Organising Committee

Booking

From 1 September to 10 October 2025,

- Triple Room (Sharing max 3 pax): 6 nights x USD \$ 105: Total price USD \$ 630/pax
- Double Room (Sharing max 2 pax) : 6 nights x USD \$ 130 : Total price USD \$ 780/pax

For this price, the organiser will provide:

- Full board accommodation (breakfast, warm lunch, warm dinner in buffet) in 4 stars hotel with double and triple rooms
- 2 X 0,5 L of drinking water per person/day
- Free transfers between the official hotel and the swimming pool for the whole duration of the championships and the training day(s).
- Participation at the Opening and the Closing ceremony.

Extra Charges

- Transfer from the Airport to the official hotels and back, USD \$ 50 /pax
- Extra charge for single rooms is USD \$ 50/pax/ night

It is strongly advised that all teams stay in the official hotels provided by the organisers. For participants who choose to stay out of the official hotels, an additional participation fee will be charged per person: USD \$ 315/ pax/night

Extra Services

- Extra day charged at USD \$ 65/person/day (Hotel and Breakfast)
- Training Camp before the championship: please contact the Local Organising Committee for pool availability and conditions.

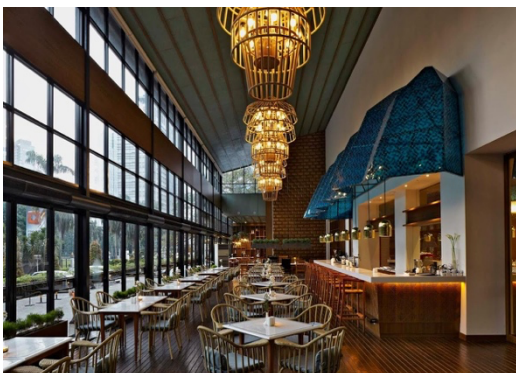


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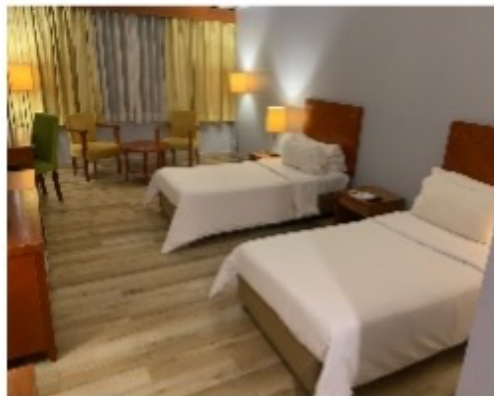
Official Hotel
Artotel Gelora Senayan
Distance from venue 1,1 Km



Triple Room



Double Room





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9. Payment

*** Please note: Late registrations will not be accepted.**

Minimum 50% of the total entry fee should be deposited at the LOC bank account no later than before October 10th, 2025 to guarantee the booking. After this date, the participation fees will be increased by a further 10% of the total amount. All fees must be paid via bank transfer. Bank information is confidential. Thus, it will be sent upon your request to the email: cmas.sea02@gmail.com

10. Deadlines - Conditions for Entry & Participation

Registration and payment of CMAS fees on the CMAS Portal.

> No later than October 10th, 2025

ANNEX 1: The preliminary declaration of participation and registration form should be sent to the Director of the CMAS Finswimming Commission (alexandros.xiarchos@sport.cmas.org) and the Local Organising Committee.

> No later than October 10th, 2025

ANNEX 2: Final hotel booking form, copy of bank transfer, and entry fee should be sent to the Local Organising Committee

> No later than October 10th, 2025

All the members of the delegation (Team leader, officials, medical and para medical staff, Technical Official, athletes, must be registered online through the CMAS Portal ([CMAS Portal](#)).

> No later than October 28th, 2025

ANNEX 3: The list form should be sent to the Local Organising Committee.



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Important notice:

- To proceed with the registration of the athlete, the CMAS license should be valid
- A CMAS license is automatically valid only when the payment is registered in the CMAS bank account.
- Any delay in finalising the registration process after the deadline will result in penalties for the Federation, regardless of the reason (incl. technical issues, delayed payment to the CMAS bank account etc).
- All modifications or additions requested by the NFs after the deadline are subject to acceptance by the Commission and may incur financial penalties.

For further information, please contact

The Local Organising Committee:

Indonesia Subaquatic Sport Association, Jakarta

Address : Jl. Tanah Abang IV No. 27 Jakarta Pusat, Indonesia.

Tell: +62 812-2331-0000

+62 812-2969-4460

Email: cmas.sea02@gmail.com